



Session Three

Coaching for Performance: How To Bring Out The Best In Others While Reducing Your Stress Level and Freeing Up Your Time!

Human Resources

Discover what coaching is and learn how to use it to enhance relationships with others. You'll spend less time managing activities and more in leading for results while creating systemic and sustainable change. Hear the facts, see it live, and learn some techniques you can implement right away.

Cheryl Di Re helps leaders accelerate their learning and attainment of personal, professional and organizational goals. In addition to decades of business experience in Fortune 500 companies, she is a professionally certified coach. Cheryl served as CSO for Washington Gives, past President of Philanthropy Northwest, and received the Washington State Evergreen Award for outstanding support of philanthropy and volunteerism. She has also lead several peer coaching circles for Executive Alliance.